

StateCover

# SEMI MAY 2023

## Program

Tuesday 2 May - Wednesday 3 May, 2023

Doltone House Hyde Park, Sydney

An exclusive event for StateCover Members



THE GREATEST  
WEALTH IS HEALTH



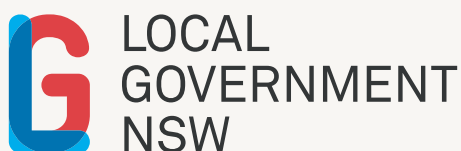
## Welcome to StateCover Seminar 2023

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### Partners and supporters



# StateCover

# SEMINAR

# 2023

2-3 May  
Doltone House  
Hyde Park, Sydney



## A message from Sam Fuller

### Challenges and changes: riding the wave

I am thrilled to welcome you to the 2023 StateCover Seminar, my first with you as CEO!

There are so many issues rocking the boat right now, some of which we aim to help you address in our program over the next two days.

There is of course the uncertain economy, pressure from inflation and employment, the need to adapt to automation – ChatGPT could probably write a better introduction here for me – and ever-increasing cyber security risks.

On top of that we have particular challenges in the psychological safety space, with evolving expectations on how these are managed, to be balanced with how we manage high workload, high vacancies, high turnover, and promptly getting new hires up to speed.

Who knows what the new state government will bring, whether there will be any major changes to the NSW workers compensation schemes, or what changes other states will make that NSW may follow.

What we do know is that the partnership between StateCover and our Members will remain strong through it all, and we look forward to riding those waves of change with you no matter how challenging it gets.

It will be great to spend the Seminar with you all.

*Sam*

**Sam Fuller**  
CEO, StateCover Mutual

## Event details



## Venue

### Doltone House Hyde Park

Level 3, 181 Elizabeth Street, Sydney

Enter through the gold doors at street level and use the lifts to go to level 3.

## Getting there

### Airport

Doltone House is 14 km from Sydney Airport, about a 15 minute drive.

The train from the airport to St James Station takes 23 minutes and costs \$19 - \$23.

### Bus

There are frequent bus services that run along Elizabeth Street.

### Train

St James station is the closest to Doltone House Hyde Park, about 2 minutes' walk.

Town Hall is also close to the venue and is an interchange for all other train lines.

### Light rail

This service runs along George Street. Town Hall is the closest stop to our venue.

For route and timetable information, visit [transportnsw.info](https://transportnsw.info) or call 131 500.

## Facilities

### Wifi

Wifi Network: **Doltone House Events**  
Passphrase: **DHCorpClient**

### Charging your devices

There are numerous power points available across the venue for you to use to charge your devices.

### Day 2 luggage storage

You are welcome to bring your luggage to the registration desk for storage on Wednesday 3 May to ease your departure from the Seminar. Please note that we cannot guarantee security.

## LinkedIn

Connect with StateCover and our team on LinkedIn – we'd love to keep in touch and share what's going on!

[linkedin.com/company/statecover-mutual-limited](https://linkedin.com/company/statecover-mutual-limited)

### Parking

Secure Parking Piccadilly: [secureparking.com.au](https://secureparking.com.au)

This is the closest parking station.

Doltone House also offers discounted parking which can be validated at the venue as you exit which can be done at any time across the two days including the Dinner.

Hilton Parking: [secureparking.com.au](https://secureparking.com.au)

Domain Car Park: [domaincarpark.com.au](https://domaincarpark.com.au)

Cathedral Street Parking: [enacon.com.au](https://enacon.com.au)

### Dress code

We want you to feel comfortable at all times, but if you're unsure, we encourage business attire, office attire, or smart casual for during the day, and elegant casual for the Seminar Dinner.



## Puzzle it out

We have developed a puzzle *There's an elephant in the room!* as a resource for each council to take back and share with colleagues.

A puzzle is more than just something to do. Puzzles help you relax and reduce stress. They also improve problem-solving, memory and attention to detail, and are a great team collaboration tool.

Set the puzzle up in your lunchroom or common area and encourage your team to put it together. When it's complete, you can pass it to another team to solve.

**1000+**  
**PUZZLE**

# Program

## Day 1: Tuesday 2 May

8.00am	Registration	
9.00am	<b>Opening</b> <b>Welcome</b>	<b>Sam Fuller</b> <i>CEO, StateCover Mutual</i>  <b>Linton Chalmers</b> <i>Seminar Facilitator</i>  <b>Clarence Slockee</b> <i>Member of the Bundjalung Nation</i>
	<b>Acknowledgement of Country</b>	
9.15am	<b>What's Good for You?</b> Wellbeing is no longer a "nice to have" – it's essential. Dr Swan will explore: What does the evidence say is good for us? What should our wellbeing focus be? How can we reduce the complexity of wellbeing initiatives for our people?	<b>Dr Norman Swan</b> <i>Physician, journalist and health commentator</i>
10.15am	Morning tea	
10.45am	<b>Inside Out</b> Psychological safety in the workplace is one of the most powerful cultural components of any organisation. David Burroughs will take us through the evidence and research and show us real world initiatives that can improve your people's lives, both inside and outside of the workplace.	<b>David Burroughs</b> <i>Partner, Psychological Safety Australia            Chief Mental Health Officer, Westpac            Director, Australian Psychological Services            Co-founder, Mantle Health</i>
11.45am	<b>Stretch break</b>	<b>Tasia Mitsoulas</b> <i>Wellbeing Specialist, StateCover Mutual</i>
11.55am	<b>The People Puzzle</b> Psychological safety is complex and there is no one-size-fits-all approach. Bega Valley Shire Council and Cumberland City Council join us to talk frankly about the challenges organisations face and the need to always focus on "something - not everything".	<b>Mark Irvin</b> <i>Manager, People and Governance,            Bega Valley Shire Council</i>  <b>Belinda Doig</b> <i>Manager Audit, Risk and Safety,            Cumberland City Council</i>  <b>David Burroughs</b> <i>Chief Mental Health Officer, Westpac</i> <b>Linton Chalmers</b> <i>Seminar Facilitator</i>
12.30pm	Lunch	
1.30pm	<b>Good Cop/Good Cop</b> Constructive engagement with our regulators gives us invaluable resources, expertise and guidance. Jim Kelly and Corrinne Hutton will share their insights on hot topics, emerging trends and latest news from our regulators.	<b>Jim Kelly</b> <i>Director, Health and Safe Design, SafeWork NSW</i>  <b>Corrinne Hutton</b> <i>Manager Employer, Supervision, NSW State Insurance            Regulatory Authority (SIRA)</i>  <b>Linton Chalmers</b> <i>Seminar Facilitator</i>
2.45pm	Afternoon tea	
3.15pm	<b>Knock, Knock! Who's There?</b> What do you do when SafeWork NSW, unions or plaintiff lawyers come knocking about alleged safety breaches, workplace psychological injuries and workers compensation claims? Mick Franco and Adam Dansie team up to provide us with practical strategies to support you when the going gets tough.	<b>Mick Franco</b> <i>Partner, Workers Compensation, Work Health and            Safety, Workplace Law and Culture, Bartier Perry</i>  <b>Adam Dansie</b> <i>Director Workforce and Legal, LGNSW</i>  <b>Linton Chalmers</b> <i>Seminar Facilitator</i>
4.30pm	Close	
6.30pm – 10.00pm	Seminar Dinner, featuring Pub Choir and the 2023 StateCover Awards Dolton House Hyde Park	



# Program

## Day 2: Wednesday 3 May

8.30am	Tea and coffee	
9.00am	<b>Opening Welcome</b>	<b>Stefanie O'Brien</b> <i>General Manager, Member Services, StateCover Mutual</i>  <b>Linton Chalmers</b> <i>Seminar Facilitator</i>
9.15am	<b>The Creative Culture</b> With many taking up hybrid work options in our post-pandemic workplaces, connection, creativity, collaboration and culture are key. Mykel Dixon will take us on the reinvention journey, talk about what really matters, and help us foster skills and mindsets that drive a thriving workplace.	<b>Mykel Dixon</b> <i>Award-winning speaker, author and creative</i>
10.30am	Morning tea	
11.00am	<b>Workshops</b>  1. <b>The wonder of wellbeing</b> Developing an effective strategy  2. <b>Psychosocial risk</b> Managing the elephant in the room	<b>Presented and facilitated by StateCover Mutual team experts</b>  <b>Tasia Mitsoulas</b> <i>Wellbeing Specialist</i> <b>Elda Spagnolo</b> <i>Wellbeing Specialist</i>  <b>Brett Condren</b> <i>Safety &amp; Wellbeing Specialist</i> <b>Heather Williams</b> <i>Safety &amp; Wellbeing Specialist</i>
12.30pm	Lunch	
1.30pm	<b>Ready, Set, Go!</b> How do you turn the learnings from the Seminar into concrete, practical applications that will make a difference at work? How can you bring the value to your team? Linton Chalmers will lead us as we discuss how to make the last two days count.	<b>Linton Chalmers</b> <i>Seminar Facilitator</i>
2.00pm	<b>Your Brilliant Self</b> Change is ever-present. It is up to us how we choose to react and respond; it's also an opportunity for connection and cohesion. Gill is one of the most thought-provoking, powerful and life-affirming speakers in the world. Known as a survivor of the London terrorist bombings in 2005, Gill will inspire us to be our brilliant selves.	<b>Gill Hicks</b> <i>Esteemed keynote speaker, artist, published author, musician and award-winning director/producer</i>
3.00pm	<b>Closing networking drinks and thank you</b> Join the StateCover team for a final drink and a bite to eat.	<b>Sam Fuller</b> <i>CEO, StateCover Mutual</i>
4.00pm	Seminar 2023 closes	



WORDS MAKE YOU THINK.  
MUSIC MAKES YOU FEEL.  
A SONG MAKES YOU FEEL A THOUGHT.

## Guests and speakers



### **Linton Chalmers** *Seminar Facilitator and Master of Ceremonies*

Linton is our StateCover Seminar 2023 Facilitator and Master of Ceremonies. He will join us across both days and work closely with StateCover and all session presenters and guests.

Linton has extensive experience as a facilitator, speaker, and consultant, having worked with leading companies in over 20 countries around the world. He has spent thousands of hours on his feet in front of groups, and has successfully led client engagements from leadership teams as small as five to conferences a thousand delegates strong. He is passionate about helping individuals and organisations to improve.



### **Clarence Slockee** *Member of the Bundjalung Nation*

Clarence Slockee, from the Mindjigbal/Cudgenburra clan of the Bundjalung Nation in north coast NSW, is a graduate of the National Aboriginal & Islander Skills Development Association (NAISDA) Dance College. Clarence has experience across a broad range of performance mediums, and has a passion for all forms of traditional Aboriginal and Torres Strait Islander music and dance.

Clarence has performed for princes, presidents and popes throughout his career, and has been involved in many contemporary Indigenous dance productions, such as Sydney Dreaming and the 2003 Rugby World Cup Opening Ceremony.

Clarence draws on his long family history of bushmen, farmers and fishermen, and his love of teaching and culture in his current roles as Education Officer at the Sydney Botanic Gardens and presenter on *Gardening Australia*.



### **Dr Norman Swan** *Physician, journalist and health commentator*

Norman co-hosts Radio National's *Health Report*, and co-hosted the podcast *Coronacast* during the COVID-19 pandemic. Norman is also a reporter and commentator for ABC's 7.30, *Midday*, *News Breakfast* and *Four Corners*, and is a guest host on RN's *Breakfast*. He created *Invisible Enemies*, a series about pandemics and civilisation, for Channel 4 UK and SBS, which was subsequently broadcast in 27 countries.

Norman is a past winner of the Gold Walkley and has won other Walkleys including one with his *Coronacast* colleagues in 2020. He has been awarded the medal of the Australian Academy of Science, an honorary MD from the University of Sydney, and in October 2022, a Fellowship of the Australian Academy of Health and Medical Sciences. On Australia Day 2023, Norman was awarded the Medal of the Order of Australia (AM).

During COVID, Norman wrote two books. *So You Think You Know What's Good For You* is a bestseller, and was released in the UK. His latest book *So You Want To Live Younger Longer* has also been on the bestseller list.

Norman trained in medicine and paediatrics in Aberdeen, London, and Sydney before joining the ABC.



### **David Burroughs** *Partner, Psychological Safety Australia; Chief Mental Health Officer, Westpac; Director, Australian Psychological Services; Co-founder, Mantle Health*

David Burroughs is Principal Psychologist of Australian Psychological Services and has over 20 years of experience as a strategist, consultant, psychologist, and advisor across Australia and the world. He specialises in strategic approaches to workplace mental health and has a passion for evidence-based practice, innovation, and challenging convention to improve people's experience of work. David collaborates with international thought leaders, researchers and practitioners in workplace mental health and holds a number of corporate and industry appointments, including Chief Mental Health Officer for Westpac Group, SafeWork NSW's Mentally Healthy Workplace Ambassador, Champion for Everymind and the National Communications Charter for Mental Health & Suicide, and partner at Psychological Safety Australia.





START WHERE YOU ARE.  
USE WHAT YOU HAVE.  
DO WHAT YOU CAN.

## Guests and speakers



**Mark Irvin** *Manager, People and Governance, Bega Valley Shire*

A local of the Bega Valley, Mark is the oldest of four siblings and a proud uncle.

In 2005 he completed a degree in management with the University of Wollongong. Mark worked for six years in the disability services industry in a continuous improvement and internal audit role. He also worked for 14 years as a tutor with the University of Wollongong. He completed a Master of Management in 2008 and a behavioural psychology degree in 2017. His experience in local government includes working as an executive assistant in governance and HR, and he is currently the Manager of People and Governance.

Outside of work, Mark is a budding musician and a massive fan of the Boston Red Sox.



**Belinda Doig** *Manager Audit, Risk and Safety, Cumberland City Council*

Belinda has worked in risk management for the past 15 years working as a business continuity manager at a global financial bank and most recently as the Manager Audit, Safety and Risk at Cumberland City Council. Belinda has extensive experience with business continuity and crisis management, developing and implementing risk and safety management frameworks, building internal audit programs, and educating management and staff safety on all matters relating to risk, audit and safety.

Belinda's greatest passion is to get her organisation excited about safety so that safety is the number one priority for all workers every single day!



**Jim Kelly** *Director, Health and Safe Design, SafeWork NSW*

Jim Kelly is the Director of Health and Safe Design at SafeWork NSW. An experienced people leader, Jim is passionate about supporting businesses to harness the full potential of their people through harm reduction and contemporary risk management.

Jim has over 20 years of experience across all industries in injury management, rehabilitation, WHS prevention and regulatory services, having worked with various government organisations, large employers and small businesses striving for a safe and productive workplace. He has led human resources teams, project managers and inspectors to achieve outstanding outcomes for SafeWork NSW, customers, and the community.



**Corrinne Hutton** *Manager Employer, Supervision, NSW State Insurance Regulatory Authority (SIRA)*

As an occupational therapist, Corrinne Hutton began her career working for a workplace rehabilitation provider applying evidence based practice to support workers and employer to achieve positive outcomes. Corrinne then moved into the workplace, working as a RTW Coordinator for a large government agency where she expanded her understanding and appreciation for the challenges and opportunities for recovery in the workplace. Since commencing with SIRA's predecessor WorkCover, Corrinne has used her practical workplace experience, commitment to evidence based practice and her passion for customer-centric outcome focused regulation in a variety of policy and regulatory roles. Corrinne is currently the Manager of Employer Supervision for SIRA, where her team and the SIRA Inspectorate are responsible for ensuring that all 360,000 employers in NSW are compliant with their legislative obligations. Using a constructively tough, intelligence-led approach to supervision, Corrinne has established a framework that strengthens SIRA's regulatory focus on recovery at work, with an enhanced focus on employer capability alongside increased supervision and enforcement activity.



**Mick Franco** *Partner, Workers Compensation, Work Health and Safety, Workplace Law and Culture, Bartier Perry*

As a Director of Bartier Perry and leader of their insurance division, Mick advises employers and insurers on the most effective ways to manage employee claims. Clients rely on his deep knowledge of workers compensation, WHS, and skill in managing injured and ill employees.

Mick is widely recognised by the industry as an expert in workers compensation. He has contributed extensively to the debate on workers compensation in NSW and written about schemes across Australia.





**Adam Dansie** *Director Workforce and Legal, LGNSW*

Adam is the Senior Manager of Workplace Relations at LGNSW and has over 20 years' experience working in the fields of industrial relations, employment law, and human resources management.

He has a unique blend of experiences rarely afforded to industrial practitioners, having worked for a peak council of employers (Australian Industry Group), a peak council of employees (Unions NSW), and an industrial relations tribunal (the Industrial Relations Commission of New South Wales) as Tipstaff to Hon. Deputy President Sams.

Adam has degrees in economics and law, and was admitted as a solicitor in 2004. He first commenced with LGNSW in 2001, and returned in 2007 after periods of employment with the AIG and the Sydney South West Area Health Service. He has led negotiations for local government employers in NSW during the renegotiation of various iterations of the LG (State) Award, was key in developing the first federal LG Industry Award, and was instrumental in having the LG (COVID-19) Splinter (Interim) Award 2020 negotiated, drafted, and approved within two weeks of inception.



**Mykel Dixon** *Award-winning speaker, author and creative*

Mykel Dixon is an award-winning speaker and author, master facilitator and recognised authority of Creativity, Culture and the Human Future of Work. He works globally with a stellar cast of Fortune 500 and ASX 200 listed companies who want to liberate themselves from boring work, bland events and beige bosses.

A jazz musician by trade, gypsy by nature, fierce non-conformist and prolific anti-perfectionist, Myke leads a new wave of conscious, creative business leaders who strive to make work feel more like play, teams feel more like family, and organisations feel more like festivals of possibility.

In 2018, he was named Australia's Breakthrough Speaker of the Year by the Professional Speakers Association, and in 2021 his second book *Everyday Creative* was named the #1 leadership book in Australia by the esteemed Australian Business Book Awards.

Blending his unique career and life experience, an obsession for audience participation and a magnetic stage presence, Myke's live learning experiences are unrivalled, fusing live music, spoken-word poetry, visual storytelling, and spontaneous audience interaction. Just like that time you were upgraded to first class, once you've experienced a Mykel Dixon anything, it's hard to go back to coach.



**Gill Hicks** *Esteemed keynote speaker, artist, published author, musician and award winning director/producer*

Gill Hicks is one of the most thought provoking, powerful and life affirming speakers in Australia and the UK. Her devotion to making a greater personal contribution and positive difference to the urgency of building peace was realised when she was permanently injured in the London terrorist bombings on 7 July 2005.

But Gill is much more than a survivor. She is known around the world as a campaigner for sustainable peace and as a valuable resource in countering violent extremism. An Australian of the Year finalist, she advocates for the growth of a more confident and cohesive Australia.

Her presentations focus on topics such as confidence and trust within ourselves, and how having both allows us to make transformative choices. She speaks of change, or rather the negative connotations change has, and of how changemakers are often revered as pioneers and leaders.

Gill encourages audiences to take control of change through our choice of how we react and respond... and use it as opportunity.

Her life is built on what she describes as a series of conscious choices, of mindfulness and being aware of the importance of the moment. Sharing what she has learnt about herself, about humanity and the extraordinary and what she believes is an inherent ability to not only face but to rise in the wake of adversity is not only inspiring, but it is valuable insight into what is possible in life. Each of Gill's unforgettable presentations are bespoke, written and created with stunning visuals especially for the audience she speaks with.

## Workshops



### **The wonder of wellbeing – Developing an effective strategy** *Facilitated by StateCover Mutual's Tasia Mitsoulas, Wellbeing Specialist and Elda Spagnolo, Wellbeing Specialist*

Workplace wellbeing has gone from being a “nice to have” to a business imperative. With so many competing priorities and the absence of a holistic and integrated approach to wellbeing, it can be hard to know where to start. This workshop will help you take a best practice approach and drive sustainable wellbeing outcomes for your people and organisation alike.



### **Psychosocial risk – Managing the elephant in the room** *Facilitated by StateCover Mutual's Brett Condren, Safety & Wellbeing Specialist and Heather Williams, Safety & Wellbeing Specialist*

The WHS Regulation now explicitly states that psychosocial risks must be proactively managed, but where do you start? This workshop explores considerations while planning psychosocial risk assessments, and how to use existing data and available risk assessment tools. We will carry out the desktop component of a psychosocial risk assessment and discuss what else is needed to make the assessment meaningful.

A graphic recorder will join us for this session. We know psychosocial risk is a complex issue, and we hope to use the visual recording to continue to develop our service offerings and communications with you.

## Networking opportunities

### Pre-seminar dinner



**6pm, Monday 1 May**  
Babylon Rooftop & Garden Bar  
Level 7, 188 Pitt Street, Sydney

We look forward to catching up with those who have RSVP'd to join us for a casual dinner before the Seminar begins.

StateCover has organised a dinner menu of cocktail food and non-alcoholic drinks.

Alcoholic drinks are at your own expense. All dietary requirements have been considered in the menu.

### Seminar dinner



**6:30pm – 10pm, Tuesday 2 May**  
Doltone House Hyde Park  
Level 3, 181 Elizabeth Street, Sydney - opposite Hyde Park.

It will be a night of celebration and fine dining with canapes, drinks, a three-course meal, an awards ceremony and a bit of fun with the Pub Choir.

RSVPs have closed. Please let us know if you are no longer joining us.

### Closing networking drinks



**3pm, Wednesday 3 May**  
Doltone House Hyde Park  
Level 3, 181 Elizabeth Street, Sydney - opposite Hyde Park.

Let's close the Seminar together and enjoy a last catch-up before we head home to share the inspiration.

## 2023 StateCover Awards



The 2023 StateCover Awards acknowledge our Members' excellence in keeping people safe, well and working.

This year the categories include safety, return to work, and wellbeing. We received 21 high quality submissions, which didn't make it easy for our panel of judges!

Winners from each category will receive \$5,000 and be announced at the Seminar Dinner.

Keep an eye out later this year for invitations to enter the 2024 StateCover Awards.

## Your notes



WHEN YOU WRITE BY HAND,  
YOU GIVE YOUR  
BRAIN'S ENCODING  
PROCESS A BOOST



## Your notes

A large sheet of white paper with horizontal ruling lines. In the bottom right corner, there is a green circular graphic. Inside the green circle, there is a yellow pencil pointing upwards and to the right. Below the pencil, the text "YOUR MEMORY OF HANDWRITTEN WORDS IS TIED TO THE MOVEMENTS" is written in white, uppercase letters.



**YOUR MEMORY  
OF HANDWRITTEN WORDS  
IS TIED TO THE MOVEMENTS  
REQUIRED TO MAKE EACH LETTER**

Your notes

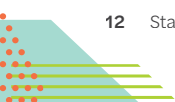


Lined area for writing notes, consisting of multiple horizontal lines.

# Your notes

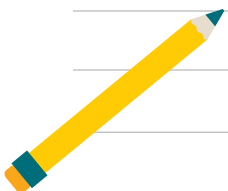


Lined area for taking notes, consisting of 30 horizontal lines.





## Your notes



GENIUS IS 1%  
INSPIRATION  
AND 99%  
TAKING REALLY  
GOOD NOTES



Keeping your people safe, well and working  
[statecover.com.au](https://statecover.com.au)

**Need help?**

You can contact the StateCover Seminar team anytime:

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